

NATURAL FAMILY PLANNING
**Designed by God
Guided by Love
Open to Life**

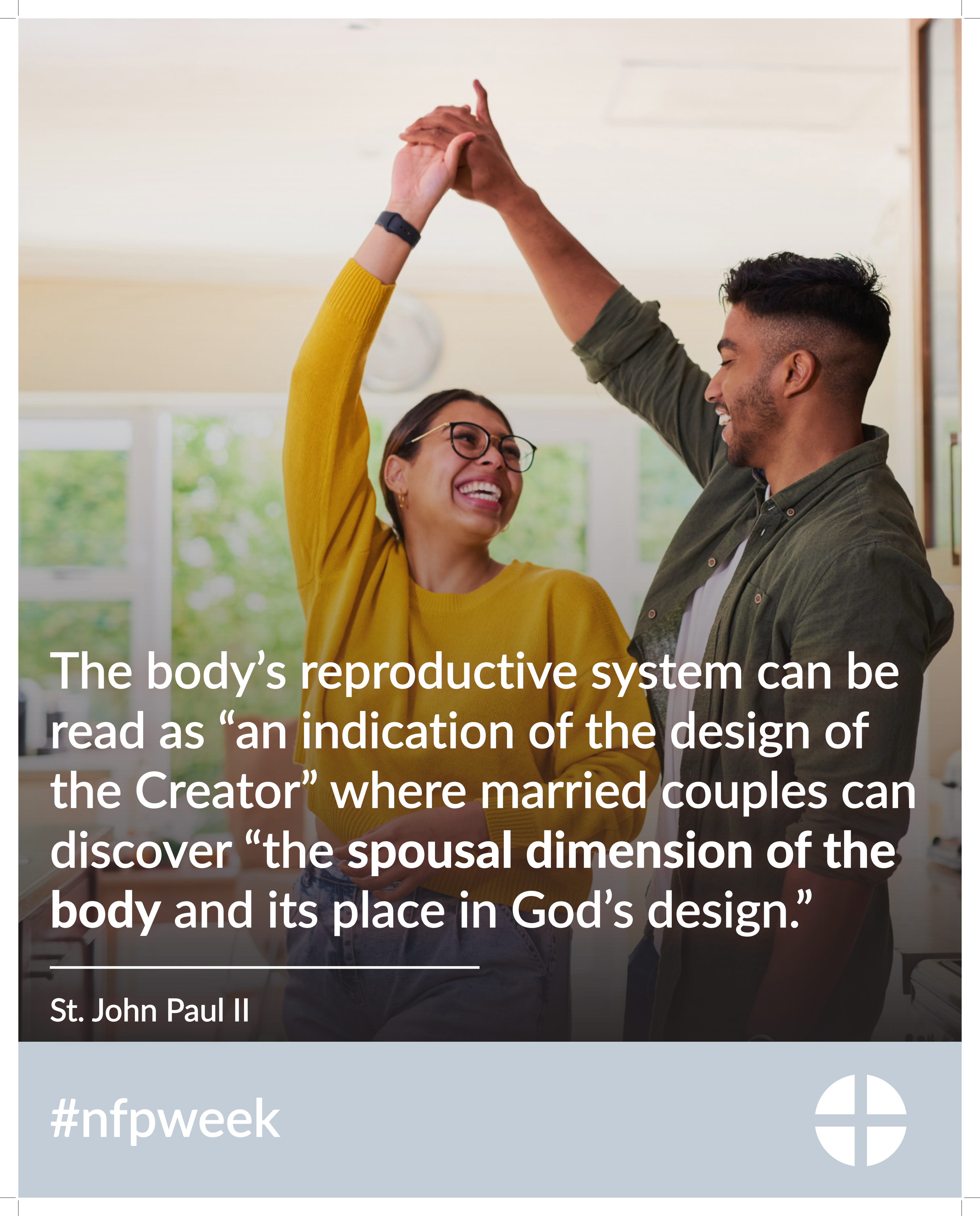




PLANIFICACIÓN FAMILIAR NATURAL

Plan de Dios
Guiado por el amor
Abierto a la vida





The body's reproductive system can be read as “an indication of the design of the Creator” where married couples can discover “the spousal dimension of the body and its place in God’s design.”

St. John Paul II

#nfpweek



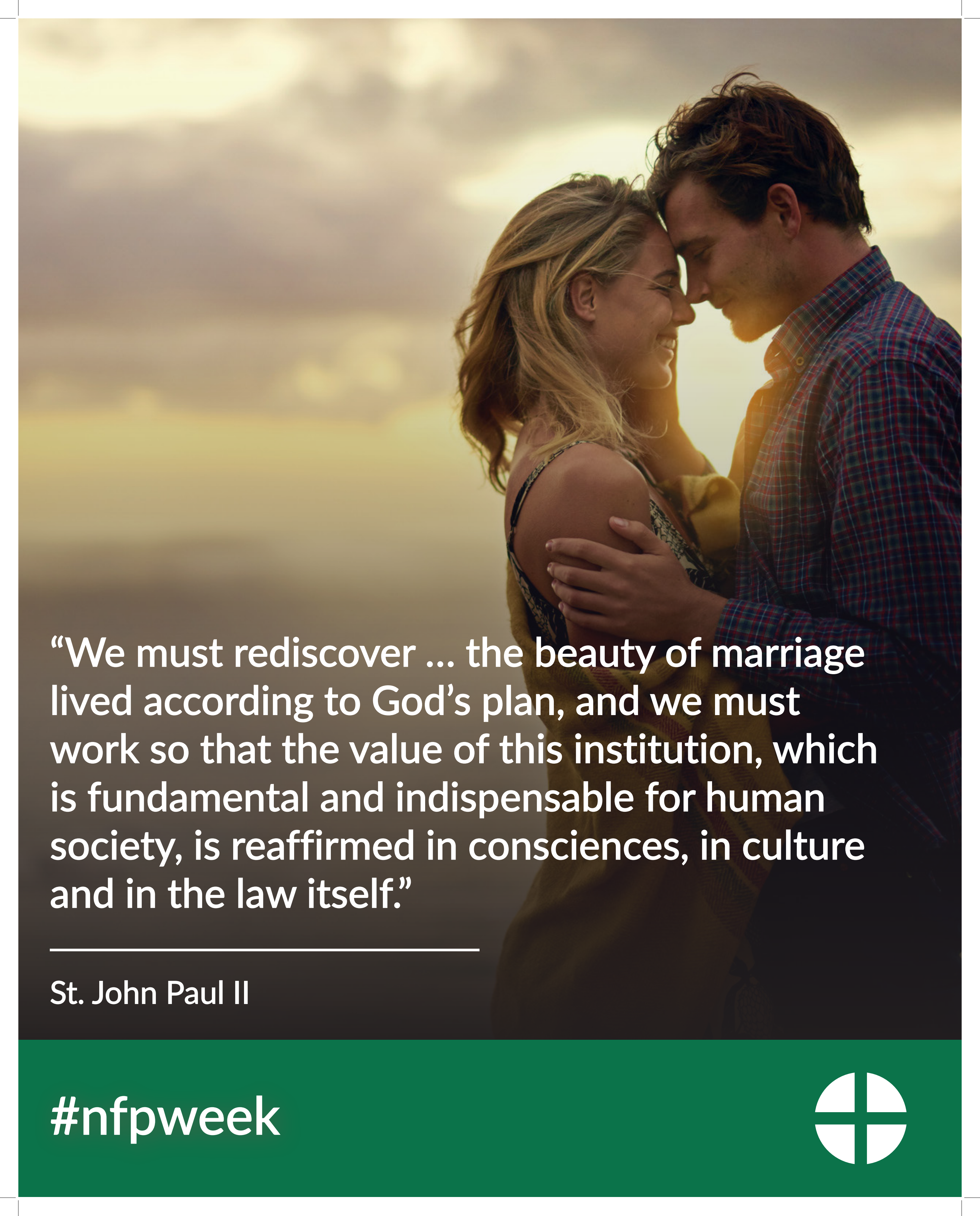
“Marriage ... is far from being the effect of chance or the result of ... natural forces. It is ... the wise and provident institution of God the Creator, whose purpose was to effect in man His loving design.

Humanae vitae, 8



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A romantic couple embracing at sunset. The man, with dark hair and a beard, wears a red and blue plaid shirt. The woman, with blonde hair, wears a patterned top. They are standing close, foreheads touching, and smiling. The background is a soft, golden sunset sky with clouds.

“We must rediscover ... the beauty of marriage lived according to God’s plan, and we must work so that the value of this institution, which is fundamental and indispensable for human society, is reaffirmed in consciences, in culture and in the law itself.”

St. John Paul II

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“To experience the gift of married love while respecting the laws of conception is to acknowledge that one is not the master of the sources of life but rather the minister of the design established by the Creator.”

(Humanae vitae, 13)



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NFP methods “respect the bodies of the spouses, encourage tenderness between them and favor the education of an authentic freedom.”

Catechism of the Catholic Church, 2370



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“In the fruitfulness of conjugal love, the man and the woman share in the Father’s creative act ... remaining ever open to life.”

Pope Benedict XVI



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